

**African American Community Calendar**  
**Updated Jan. 11, 2021**

(Includes only activities in Frederick, MD and nearby areas that are open to the public)

*(This calendar is a community service project of the Negro Business & Professional Women's Frederick Club)*

**(If you wish your group's public event/activity added to this African American Community Calendar, send to [rodoch@aol.com](mailto:rodoch@aol.com). Also please email any corrections!)**

## **2021**

### **JANUARY**

- 12**      **"Fit and Fabulous With FCAC"** - The Frederick County Alumnae Chapter of Delta Sigma Theta Sorority, Inc. Tasty Tuesday: Get Your Food on: Cooking together virtually. Menu & shopping list sent separately. Register in advance for this session: [https://zoom.us/meeting/register/tJYkd-ih\\_pjsuG9MI0Gs](https://zoom.us/meeting/register/tJYkd-ih_pjsuG9MI0Gs). After registering, you will receive a confirmation email containing information about joining the sessions via Zoom.
- 12**      **"White Supremacy Through Violence: Lynching in America, Then and Now"** – a free zoom workshop with speaker Dr. Terry Scott. 5:00 pm. Register at; [www.seattlemlkcoalition.org/calendar/](http://www.seattlemlkcoalition.org/calendar/)
- 13**      **"Are You Ready for a Word?"** – Whole Heart Center. (10 a.m. - noon OR 6:30 - 8:30 p.m.). While it's customary to envision and document the things you want to get and achieve in the new year, it's also powerful to seek out your eternal purpose because that's your legacy! Join the Whole Heart Center via Zoom for a dynamic experience discovering the word that will guide you in the coming year. Seats are limited. Register at [www.schedulicity.com/scheduling/WHC3XZ/workshops](http://www.schedulicity.com/scheduling/WHC3XZ/workshops).
- 16**      **"MLK Birthday Observance & Awards Celebration"** – Frederick NBPW Club. A FREE virtual celebration. 9:30 am Guest speaker: Akiyyah Hall Billups, organizer of Frederick's March for Justice. Donations welcomed to help support BPW Scholarship fund. Please visit Frederick's BPW website to register and donate: [www.frederickclubnbpwc.com](http://www.frederickclubnbpwc.com).
- 18**      **"2021 Beloved Community MLK Celebration"** – Virtual celebration that previously was the MLK Pot luck Dinner. Reservation information TBA
- 20**      **"Fit and Fabulous With FCAC"** - The Frederick County Alumnae Chapter of Delta Sigma Theta Sorority, Inc. Can't Weight Wednesday: Get your buff on: strength & weight workout. Register in advance for this session: <https://zoom.us/meeting/register/tJYkd-ihpjsuG9MI0Gs>. After registering, you will receive a confirmation email containing information about joining the sessions via Zoom.
- 28**      **"Fit and Fabulous With FCAC"** - The Frederick County Alumnae Chapter of Delta Sigma Theta Sorority, Inc. Throwback Thursday: Get your groove on: dress in your favorite decade, old school jams, line dancing and soul train line. Register in advance for this session: <https://zoom.us/meeting/register/tJYkd-ihpjsuG9MI0Gs>. After registering, you will receive a confirmation email containing information about joining the sessions via Zoom.

### **ONGOING**

#### **SUNDAYS**

- **"The Battlefield of the Mind - Study Group with WholeHeart'D L.I.F.E. Coach"** – (Jan. 10 – Feb. 28, 2021) - \$25. This study group will offer you strength and encouragement as we walk through our everyday lives. "We are what we think". As we apply the principles taught through this dynamic life

changing study; we will learn how to find victory by transforming and renewing our minds. Register at [www.schedulicity.com/scheduling/WHC3XZ/workshops](http://www.schedulicity.com/scheduling/WHC3XZ/workshops)

## MONDAYS

- **“Women’s Study” – BEGINNING Jan. 11, 2021:** Using Zoom. Hopehill UMC. 7 – 8:30 pm. Studying “The 28 Day Prayer Journey” by Crystal Evans Hurst. Read the book in advance. Registration forthcoming. Contact 301-874-1166 or [hhumcwomen@gmail.com](mailto:hhumcwomen@gmail.com)

## 1<sup>ST</sup> & 3<sup>RD</sup> MONDAYS

- **“Conversation with US: Unscripted Sisters, Unfiltered Sharing, Unspoken Stories”** – Whole Life Center. Using Zoom, join Dr. Denise Rollins, Charlotte Shakleford, Katrina Norfleet, Zohnette Sligh, & Simone Whyte as they focus on conversations and topics that are Unscripted, Unfiltered, & Unspoken which will involve Sisters Sharing Stories. In exploring issues of interest to women today, they will focus on the whole woman (mind, body, and spirit). 7pm. . Register at [www.schedulicity.com/scheduling/WHC3XZ/workshops](http://www.schedulicity.com/scheduling/WHC3XZ/workshops).

## TUESDAYS

- **“The Battlefield of the Mind - Study Group with WholeHeart'D L.I.F.E. Coach” – (Jan. 12 – Feb. 2, 2021) - \$25.** This study group will offer you strength and encouragement as we walk through our everyday lives. “We are what we think”. As we apply the principles taught through this dynamic life changing study; we will learn how to find victory by transforming and renewing our minds. Register at [www.schedulicity.com/scheduling/WHC3XZ/workshops](http://www.schedulicity.com/scheduling/WHC3XZ/workshops)

## WEDNESDAYS

- **“Bible Study”** – Asbury UMC. 7:00 – 8:30 pm. Use Zoom link: <https://us02web.zoom.us/j/85279265549?pwd=SzlWS3ZxcS9tdThiNVpsZmRhdfEzUT09>, for phone Zoom connection: Dial the phone number 1 646 558 8656, Meeting ID: 852 7926 5549, Password: 328578

## THURSDAYS

- **“Bible Study”** – Jackson Chapel UMC. 7:10 – 8:30 pm. Title: An Authentic Christian - "He Call Us". Video conferencing using Zoom. <https://us04web.zoom.us/j/217120076>; meeting ID 217 120 076; Type Participant ID or Password: 919360 and Your Name. For audio only dial 1-301-715-8592 US, Type Meeting ID: 217 120 076# Enter Participant ID or Password: 919360# or #

## SATURDAYS

- **“Free COVID testing”** – Asbury UMC parking lot. 1 -3 pm

## SECOND SATURDAYS (Jan. 9 – Mar. 13, 2021)

- **“WholeHeart'D Grief Group”** - Goal is to allow participants to discuss grief due to death and to gain support from peers who have also navigated (or are managing) that experience. It is sponsored by the Gary L. Rollins Funeral Home and open to the public. Register at [www.schedulicity.com/scheduling/WHC3XZ/workshops](http://www.schedulicity.com/scheduling/WHC3XZ/workshops).